the vertices framehr, into deep dentity to the instant desires that the contract of it fills her with approximation and barreis. There is no necessary of the reproduction of life to be a mer punished dangerous. The new of Mother's Friend so prepare the system for the coming event at it is safely passed without any danger. This great and wonderful

pied externally, and the carried thousands a system shrough the The Bradish Regulator Co., Atlanta, Ga.

"BEER THAT IS BEER"

It's a new brew-and it's a better brew than you or anybody else ever before tasted.

Since 1847 we've been experimenting—trying to produce a "just right" brew. And we've succeeded.



has a sparkie and flavor all its own.

It's brewed from the choicest of select materials, by the new formula we've been sixty years in perfecting. At all first-class cases, or by the case direct from the brewery.

REYMANN BREWING CO.

WHEELING, W. Va.



SOMETHING TO BE PROUD OF

There's a good reason for pride in the passession of strong, healthy teeth—that never shirk the duty before tuem at mid tum. Probabilities are their owner enjoys life. Just as probinly he or she consult a good dentist regularly. Many such are on our list of regular parrons. Vitalized air made fresh duty. Instruments sterilly deach time used. Exclusive owners of Oduntunder.

Fillings of all kinds, 50c up Gold Growns, 35 ap Bridge Work, per tooth, \$5 up

HILL BROTHERS

New York Dentists

LEGGETT BUILDING S. 3rd St. CLARKSBURG. HOME PHONE 242 LADY ATTENDANT

RUNNING EXERCISE.

Said to Be the Best Means of Making

the Heart Strong. The kind of exercise one should take for his heart's sake is extremely important. Exercise, to affect the heart sufficiently, must be vigorous, though not foe vigorous. Ordinary walking, while healthful, falls short of this re-quirement. That callsthenics and light exercises generally are also deficient in this respect is proved by the fact That while all humankind naturally indulge An light exercises, yet heart ailments are prevalent among them. Every one that is not bedridden walks smore or less, and I have read learned carticles which try to prove that walk-ling is the only exercise man requires. But If a man never runs he could not, would, run fairly fast even half a mile. So the argument is in effect doubt, the argued vainly with them log is good for the bite" or by ather that a man need not be able to run. T cannot agree with this conclusion. for walking at a moderate pace affects heart action only slightly.

Running, of all exercises for the heart, is, I think, the best, Of course some who has a weak heart cannot imspeciately run either fast or far, nor is it necessary for the average individual to learn to run great distances at a high speed, but every one owes it to his health to be able to run without distress, say built a mile at a fair pace. Let him begin by jogging one-eighth or one-quarter of a mile, then half a mile, which distance he may ultimate ly run reasonably fast.-G. Elilot Flint In Outing Magazine.

Marriage Lottery.

Every year in the Rubbal country, in adia, about October, a marriage lotstery is held. The names of all the marof the circle who want to get married are written on slips of paper and thrown into separate earthen pots. the Rumai girl has come out and is ready to be murried, and the youth chose name is drawn against thereby obtains a letter of introducwith authority to make love imwith what ardor and success be is capable of.

A poor lady whose husband had just failed was bemonning the fact.
"At any rate," she said, as she wiped tears from her eyes, "the Brown fallure was worse than ours."

"How so?" said one, who 'new that husband's smushup had been ter-

"Why." she said. "we only failed for B cents of the dollar, whereas Mr. Brown falled for nity-ave."

A Farce Reformer.

The people of the Farce islands cling to their old customs and see little good in change, says the author of "The Faroes and Iceland," but now and then one of them becomes a conservative re-former. Such was an old man of Stromo who, in his youth, had learned cabinetmaking in Copenhagen, then had been a blacksmith in New South Wales and later a marine in the Dansh may during the Steswick-Holstein war. Having thus traveled far beyond the wildest dreams of his countrymen, he returned while still a comparatively young man to Stromo and invested his savings in a home. Conservative though he appeared to outlanders, to the islanders he was a reckless innovator. He roofed his house with slate instead of with the traditional this was discovered by accident, by some idea of medical science, by following the followi example. against the liabit of throwing fish ing to the general belief that the worse cleanings into the knook and getting the remedy the quicker the recovery is drinking water lower down. The only advice they would accept from him-and that after long hestintion-was to treat their physicians is. Should a boil their fish oil outdoors instead of in the living room. But when this terrible amovator heard from a visitor for's treatment the patient calls in anhe was so astonished that he asserted and so in rapid succession until, all confidently that the world could not instance longer.

Cause and Lineet. Shakespeare saw life in large am? wrote as he say, He never "damed it on to God," His pages are full of the inexorable sequence of cause and effect, and the swift murch of deeds points the moral of individual responsibility. If things were "rotten in Don-mark," it was because the fathers and enter sour grapes and the children's teeth were set on edge; if Macbeth trembled at the knocking at the gale, it are written on slips of paper and thrown into separate earthen pots. From these they are drawn against one another by the local wise man. This simply determines the fact that Goneril, desperately dead, reap but their inevitable due. In short, Shakespeare's message is the message of a limide the temple, who, according robust manhood and womanhood:
Brace up, pay for what you have, do
good if you wish iq get good. Good or
bad, shoulder the burden of your moral
responsibility and never forget that
cowardice is the most fainl and most
facilly entire in the salendar of crimes futile crime in the calendar of crimes, Cowards die many times before their

The valiant never hate of death but once. -Martha Baker Dunn in Atlantic.

Generally speaking, you are perfectly safe from lightning anywhere with-in twenty feet of a properly insulated lightning conductor.

Large Factor in Medicine.

A friend of mine related to me the following dialogue which she recently, and an old woman:

Old Woman-My daughter in-law has and a tump coming in her throat for four months, and it has now grown so that she can awallow only with great difficulty. We are distressed. By and by she will not be able to swallow. Then she must die. Do tell me if me laughter-iu-law can be cured.

Doctor-Yes; she can be cured very easily, and the medicine you have to use is not costly, but rather difficult to

Old Woman-Oh, do please tell me what it is. However difficult, I will do my best to get it. Do, please, doctor, tell me what it is.

Doctor-First, get the slobbers of a cow. This can be done by washing the mouth of a cow. Then you take these ilobbers and boil them down, after which you must stir in a little rice four with a feather from the tail of a inck. Then take the paste and roll it nto pills. When all these pills are tak-in the immp in your daughter-in-law's

hroat will immediately disappear.
Old Woman—Oh, doctor, I thank you. How can I thank you enough for giv-ng me of your wisdom? Doctor-I assure you, madam, it is

othing at all. Please, I beg you, do ot thank me.

Old Woman-Oh, doctor, I shall never 'orget you for your kindness to me. I lo not deserve it. I do not deserve it. Is it any wonder that sickness prerails among all classes of the Chinese, and that the living of their race is only t "survival of the fittest," or, rather, the unit?

The remedies given by Chinese docors are seldom other than ridiculous and are often worse than the complaint. Many of the most common precriptions consist of powdered spiders, consted sunkeskins, fossils, rhinoceros iorn shavings, asbestus, moths, stewed goose quills, etc. It is declared that the nore disgusting the medicine the more efficacions it is, which assertion, if it a true, would mean that China is full of Methuseluhs

Much superstition exists in regard to learly every complaint. Foreign physicians in China are often approached by natives who, upon being asked what by naives who, upon being asked what the matter is, reply in a low voice, Tve got that." When pressed as to what they mean by "that" they seem mable to answer otherwise than "I've tor that." In such cases it is usually liscovered that the patient has malaia, and the unwillingness to name the lisease is due to a belief that malaria s caused by an inward devil and the hills are due to his Satanic majesty's antural gymnastic proclivities.

During the night in the cities mothers are frequently met who, while wandering slowly up and down the streets, cry out mourafully: "Come back! Come back!" In the rear, at a little distance, follows a child, who answers: "I'm coming! I'm coming!" These wanderings and cries are some-imes continued for hours and are explained by the fact that at the mother's home there lies a sick child in an auconscious or comatose condition, and he mother, in the belief that its spirit ans fled, is searching the streets for it The child following represents the de-parted spirit, whose return is supposed to be hastened by the cry, "I'm coming!" In the absence of a child to fol-low, the mother often waves a child's lacket in her hand while in a monot onous voice she crooms beseechingly

to the spirit to return. Smallpox is a disease from which few, if say, escape in China, and so prevalent is it that it has its own special devil. This devil can be appeased only by the patient always re-ferring to his eruptions as "heavenly flowers" and by wearing a red cloth the wildest dreams of his countrymen, thed around his head. In some provinces, however, considerable progress turf, but could find none to follow his some idea of medical science, by fol-example. They shook their heads in lowing the theory that the "hair of a

Altficult to determine.

The manner in which the Chinese rible mnovator heard from a visitor lor's treatment the patient calls in another that women role beyeles in England other and, if no better, yet another, his gods, after whose treatment he is asually carried to the cemetery. The peculiar one. If unable to go himself he proceeds by proxy to the temple, which is entered in the most selemn manner possible. Every three steps the seeker after health or his proxy prostrates himself and kowtows three times. The continues this until he somes into the presence of the beath idel, whereupon a basket containing many bamboe sticks, upon each of which is a number, is given him. This he takes and, moving it violently in all directions, pronounces divers pray-ers and incantations until one of the sticks falls from the basket. then taken to a certain priest stationed the number, writes the proper prescrip

> If you like coffee but dare not drink it, try Dr. Shoop's Health It is true that real coffee Coffee. does disturb the stomach, heart are kidneys. But Dr. Shoop's Health Coffee has not a grain of true coffe in it. Being made from parchet grains, malt, etc., it forms a whole some, food-like drink, yet having the true flavor of Old Java and Monha Coffee. "Made in a min ute." Call at our store for a fre sample. Sold by all dealers.

Kodol For Dyspepsia

contains all the digestive juices that are found in a healthy stomach, and in exactly those proportions necessary to enable the stomach and digestive organs to digest and assimilate all foods that may be eaten. Kodol is not only a perfect digestant, but it is a reconstructive, tissue building tonic, as well. Kodol relieves Indigestion, Dyspepsia, Sour Stomach, Heartburn, Palpitation of the Heart and Constipation. You will like it.

Digests What You Eat Rests the stomach, rebuilds the tissues and gives firm flesh.

Prepared at the Lab-eratory of E. C. DaWist à Co., Chicago, U.S.A.

Hours of Sleep. The belief that the hours of sleep should be artificially restricted is contrary to ordinary good sense. If the human body does not need sleep for the upbuilding of its tissues it will not call for it. A rule of health which cannot be wrong is to sleep if possible as long as any inclination for it exists. The erroneous view on this subject is undoubtedly due to the fact that when the mind and body are thoroughly rest ed it is often difficult to arouse the mind from its comfortable lethargy. On the other hand, the man who is under a mental strain and sleeps only five or six hours at night is keen and alert soon after awakening. But it is an unbealthy activity. His nerves are at a high tension. He is on edge, so to speak. Such a strain long continued results inevitably in a nervous break-

down.-Cleveland Leader.

Lightning's Course. "On the water," said a grizzled old bayman who stood smoking his corncob and surveying the bay the other day, "when you see a thunder storm rising you want to keep an eye on the lightning. If you see it in the distance striking down farther and farther to the right from where you first saw it or farther and farther to the left, this in-dicates that the storm is working to the right or to the left, and it may ous, by pass around you. But if you see it all the time coming down in the same comes place and at the same time getting brighter and brighter, why, that indicates that it's coming straight toward you, and this is the time, son, when you want to make for home or get in your sall and make everything song till the storm passes over."-Exchange.

The Human Head.

An Irishman once defined the human head as "a bulbous excrescence, of special use to many as a peg for hanging a hat on, as a barber's block for supa har on, as a parcets of the story porting wigs, as a target for shooting at when rendered conspicuous by a shining helmet, as a snuffbox or a chatterbox, as a machine for fitting into a halter or guillotine, as a receptacle for freaks, funcies, follies, passions, prejudices, predilections—for anything, is short, but brains."

Amouities of the Table. "I waited ten minutes for a car today," the landlady was saying, "and then it passed me without stopping." It was afterward recalled that the

"What," asked the sweet girl gradu

te. "was the happlest moment of your "The happiest moment of my life," answered the old bachelor, "was when

ring and gave me collar studs in ex-change."-London Tribune.

Special Delivery. Mrs. Uptowne - I purchased ocks and a drum for my boy. does it happen that you have brought only the drum? Driver — You see, ma'am. I'm the driver of the band wagon; the socks, will come in the hose cart.-Woman's Home Companion.

The brain of an idlot contains much less phosphorus than that of a person of average mental power.

Got Him Mixed Miss Backbay - What I like about Henry James is the clarity of his style, his reserve force and his absolute mas tery in the field of epigram and and lithesis. Mr. Cahokin-Y-yes, but when t comes to the fast ball, you know, think Walsh has got him skinned to death.—Chicago Tribune.

Preventics, as the name implies, revent all colds and grippe when taken at the sneeze stage." Preventics are toothsome candy tob ets. Preventics dissipate all colds nuickly, and taken early, when you irst feel that a cold is coming, they check and prevent them. Pre-ventics are thoroughly safe for children, and as effectual for adults sold and recommended in 5 cent and 25 cent boxes by all druggists.

DeWitt's Little Early Risers Refuse.

About the most reliable pill on the ow laborated Sold by Stone & Mercen Wilson.

kind of consolation which Satan would give a soul he had purchased—that is, he would thrust it into hell.
"Good morning, Mrs. Chittenden, I

widow demurely, "but I suppose he wasn't good enough for you, Mrs. Cressler, or he wouldn't have left you."

"I was glad when I saw that you and Chauncey were getting on so well together. There was too great a gap the forms and other necessaries in these suit cases, which they carry with them. So when you see a young womgether. There was too great a gap an carrying a suit case and bound in a part of the carry with the carry him and me. Channeer was

other husband the day you got your divorce from the one that deserted where the one that deserted where the one that deserted nstead of luck it was smartness."
"I didn't want poor Chauncey to suffer from thinking I'd take him back."

"It was very kind of you not to make him suffer any longer than he did." "There wasn't any time—if I hadn't dish tone that extends from the middle been married—that he wouldn't have of the back over the shoulder. The been glad to return to his sufferings." Seminole Indians say that the male

"We'd see about that some day, only in heaven there's no marrying or giv-Returning to earth, his wife so admired his new coat that she determined to have a like one for berself and the next

How is it in the other place? Do you think you're going to have him

den, nor is Chauncey. If there's mar-rying there you'll have to look out for a new husband.

Mrs. Cressler was not getting ahead in the game. Her thrusts were vigor-ous, but they were parried with great skill. There was one thing she had come over for that thus far she had not

"I hope Chauncey left you comfortable, Mrs. Chittenden," she said in a tone to intimate that she would like to get back to her purpose of offering con-

"It's you he's left comfortable, plied the other. "because he was nothing to you. He left me uncomf rtable we were everything to each

They say you made a frugal wife and he left a penny or so in the bank."
"He did, and to his widow."

"Yes, if it's due. You got your di-There's allmony for one hour due you

It was afterward recalled that the inhititually silent man had been having inst wife is concerned, occurred long ago."

"Perhaps," he remarked, "the conductor didn't care to have you board his car."—Exchange.

"Exchange."

"Chauncey's funeral, so far as his first wife is concerned, occurred long ago."

"Of course I'd like to show my kinding as more to the will waste his time seeking a short cut to these think it queer of me to be here, but it would show them that I'm not the far off—on riches, on form as his first wife is concerned, occurred long ago."

"Of course I'd like to show my kinding with his time seeking a short cut to these think it queer of me to be here, but it would show them that I'm not like the far off—on riches, on form as his first wife is concerned, occurred long ago."

"Of course I'd like to show my kinding with his time seeking a short cut to these think it queer of me to be here, but it would show them that I'm not like the far off—on riches, on far as his first wife is concerned, occurred long ago."

"Of course I'd like to show my kinding the far off—on riches, on far as his first wife is concerned, occurred long ago."

"Of course I'd like to show my kinding the far off—on riches, on far as his first wife is concerned, occurred long ago."

"Of course I'd like to show my kinding the far off—on riches, on form and the far off—on riches, on far as his first wife is concerned.

grudge against me. Why should you have? It was I who made it easy for you. Chauncey was well enough satisfied with the desertion plan after he met me.

I'd have just liked to bear him say that in the flesh."

There was a step lu the back room-

the room where Mrs. Cressler supposed the corpse was lying—a man's step, and who should walk into the room but Chancey Chittenden,
"La's a-mercy!" exclaimed Mrs. Cress-

for this way, Mary Chittenden?"
"I haven't been lying."
"And you, Chauncey Chittenden—I al-

a corpse so far as you are concerned. I heard what you thought of me alive look ago. I'm glad to hear what you loug ago. I'm gla think of me dead."

SWEET MELODY FLOUR.

Dancing Proves Fatal.

Many men and women catch cole it dances which terminate in pries monia and consumption. no serious results need to be fears Refuse any but the gammine in a v

noise I must go on the consolition. The consolition is a superfluity of reason why in the later plains of American the offer the "usual consolition," but in the actio plains of American the offer the "usual consolition," but in the beneficial work of aims is reversing in the idea of verdire around their time is the consolition of the consolition. There are plains hospitable to had herself been Mrs. Chiltenden and by good rights should have been the widow. But she had fired of Chiltenden, sent him off and secured a divorce on the ground of desertion. On the day the divorce was granted she had married Tim Cressler. Chittenden, who had been forced to desert one woman, clung to snother and married her. Cressler was still living with Chittenden, the story of a shape favorable to sheltering the insect. den's first wife, but report said that he was very abusive, the reports emanating from his wife, and if he did not mend his ways he, too, would be forced to desert her. Mrs. Cressler's latention was to offer Mrs. Chittenden that hind of consoletten which Satur would noticed so many young women ingring suit cases all over town," said the man on the street corner. "At dirst I flought perhaps they were independent young persons who were on their way to the Grand Central station or to the ferry

"Good morning Mrs. Chittenden. I have thought, considering what we have both been to poor Chauncey. I would come over and offer my sympathies. Notwithstanding his faults ing in the wrong directions. Now I he was too good for most women."
"He was too good for me," said the have learned who these women are. Most of them are trained nurses. When

between him and me. Chauncey was direction away from a boat or railroad not a smart man."

"His first wife was."

the direction away from a boat or railroad station it's very likely she's a trained nurse and is either starting out to at-

"It isn't that I was very smart," said
Mcs. Cressier modestly, "but Chauncey
was very dult. He needed a wife of
very moderate intellect."

"You were fortunate in getting an
Of the male bluebird Thoreau said,

this John Burroughs added, "and the earth on his breast." The bird's back, wings and tall, chin and throat are a vivid blue, while his breast and flanks are a chesmut brown and his abdomen a dirty white. The female is very much

duller in coloring, often having a red "Then it must have been lucky for him that you were married." bluebird once flew so high that his back rubbed against the sky, which imparted to him its own azure that

ng in marriage.

there?"
"Um not going there, Mrs. Clitten-

"You'd have both Chauncey and Tim Cressler in heaven, only there's no more bigamy there than marriage."

gained—a knowledge of what funds Chittenden had left his widow. She had a vague hope that the law might look kindly upon her and consider her a fraction of that widow.

solation.

"There's alimony due me."
"I hope you may get it."
"IF't's due the law'll allow it."

"I suppose it wouldn't look well for me to come to the funeral."

but it would show them that I'm not patience, love, self sacrifice—no prom-"Oh, they know you haven't any

"H'm! They all know that I wouldn't stand him any longer."

"He told me he was afraid you retary could not resist the chance of sending the following reply: "Sir, I sending the following reply: "Sir, I

r. "I thought you were dend!"
"That's the fellow in the other flat."
"What have you been lying to me

thought you were above enves-A corpse can't eavesdrop. I am only

Mrs. Cressler

MARION MAY HOLT.

exposure, if Foley's Honey and Ta e taken it will break up a cold an

Sign of a Trained Nurse.
"I used to wonder why it was that I

Colors of the Bluebird, Of the male bluebird Thoreau sald,

"He carries the sky on his back."

morning flew away to get it, but the lay proving somewhat cloudy the col-

or given to her dress was not so brilliant as was that received by her mate.

The World as It is.

A world without mistakes and with-out suffering would be a world without real men and women, without litera-ture, without music, without painting

or sculpture and without love, and

even without history, for history is a record of struggles toward better and

spiritual development would cease and souls not refined by the fire of ordeals

would die of something akin to fatty degeneration. The races would perish

of ennul or inanity. After all, it's a pretty fair sort of world as it stands, —Louisville Courier-Journal.

Until the time of Peter the Great the

Aleutian islands were unknown. The famous Russian monarch, consumed

with curiosity as to the distance be-

tween Asia and America, started, in 1725, the first of the expeditions that

at last revealed those haunts of the bear, the beaver, the ermine and the seal. But Captain Cook told more

about the islands than did all the Russian explorers before him.

The Price

ise to pay, but the gold of real service.

His Name

club secretary demanding the name of the man who blackballed him. The sec-

have received your letter demanding the name of the man who blackballed

"Grandra says his stay in the mountains last summer did him no good, His room was right off the plazza, and

people made love under his window until il hours."

ers went to bed ""
"No: as soon as the lovers went to
bed the children got up." - Harper's

"I suppose you have found," said the plain citizen, "that every man has his

price."
"Yes," replied the lobbyist, "except
the man who is worth boying."—Phils-

ALWAYS JUDGE THE MER-

ITS OF AN ADVERTISING MEDIUM BY ITS WANTED

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COLUMN. SEE THE

"But couldn't be sleep after the lov-

ron. His name is Legion.

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higher things. Without obstacles to overcome and errors to correct men and women would lapse to a level with Loans money on everything. You can beasts in mentality. Intellectual and save money on everything by buying

> L. SPIRO. Waldo Bldg., Fourth Street.



RAILROAD. Schedule Effective May 27, 1906.

CLARKSBURG. W. VA.

Daily. x Daily except Sunday. z Sunday only.

If one sets one's heart on the ex-MAIN LINE, EASTBOUND. Cumberland, Washington, Balti-more, Philadelphia and New York, Depart *8.53, a.m., *5.21 p.m. *9.85 p.m. Arrive *18.53 a.m., *9.55 a.m.

*7.28 p.m. Grafton Accom., Depart *10.23 a.m. Arrive *7.26 a.m. x7.18 p.m. x3.40 p.m, z6.02 p.m.

An unpopular man who was refused membership in a certain aristocratic club had the audacity to write to the MAIN LINE, WESTBOUND. Parkersburg, Cincinnati, Louisville & St. Louis, Depart *18.53 a.m. *9.58 a.m., *7.28 p.m. Artive *8.52 a.m., *5.35 p.m., *9.35 p.m. Parkersburg Accom., Depart Arrive \$10.25 a.m, x3.40 p.m. Arrive a.m, x7.18 p.m, 29.05 p.m.

W. VA. & PITTS., MORTHBOURD Connellsville and Pittsburg, Jeparl x6.15 a. m., x10.25 a. m. x10.3 a.m. Arrive x8.30 p.m. x11.0 x4.15 p.m., x11.05 p.m. 73.702.

Pairmont and Morgantown, Depart x6.15 a.m., x10.25 a.m., x10.05 a.m., x4.00 p.m., x7.05 p.m. Arrive x8.40 a.m., x9.25 a.m., x3.00 p.m., x4.00 p.m., x11.05 p.m. W. VA. & PITTS., SOUTHBOUND

Weston, Depart x6.00 a.m., x10.70 a.m., x11.25 a.m., x4.00 p.m. Arrive x6.15 a.m., x8.55 a.m. 29.40 a.m., 12.00 p.m., 17.00 p.m. e7.05 p.m. Pickens, Depart x6.00 s.m. 27.5

p.m., x4.15 p.m. Arrive resonant, x9.40 mm, x7.05 p.m.
Richwood and intermediate parameters are perfectly as a second perfectly as a Arrive x2.00 p.m., x7.05 p.m. Webster Springs, Depart 1112

WEST VA. SELORY LENE. Now Martiniville & Whening com., Depart \$5.40 a.m. s. in p.